



3 months

6 months

1 year

3+ years

Fun

Learn

Money

Personal

The Goal Setting Grid

Goal setting is powerful stuff! The people who achieve their goals are the one who write them down and plan how they are going to achieve them.

This is a simple way of setting some short and long term goals on a single sheet. It is quite self-explanatory but try and be as specific as you can. For example, writing down, "I will achieve a Grade A in Maths!" is more powerful than writing, "I want to pass my maths GCSE!"

Feel free to change the headings of timescales. This is a great tool to give an overview of your goals.

Once you have completed the sheet, display it somewhere where you will see it daily. Visuals are extremely powerful and the more you visualise your goals, the more focussed you will be on achieving them.



Timeline

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