



## The Three Questions Of Direction

This is a great tool for **set and plan** your future **goals**. Follow the simple steps below and fill in the boxes.

### Where Am I Now?

Think of your **achievements** and **strengths**. What have you achieved recently, in the last year or even longer if you wish.

Where am I now?

### Where Do I Want To Be?

Write down some **goals**. These could be **personal, career, study, fun, challenge** or such like. Think of things that you enjoy...hobbies, interests, skills...these can be at school, work or leisure time.

Where do I want to be?

### How Am I Going To Get There?

Most people who have goals do not have a specific **plan** on how they are going to achieve them and leave it to chance. In this box, write in what do you need to do in order to achieve the above goals? Think about how and who is going to help you.

How am I going to get there?